



BEST MUAY THAI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Muay Thai All Levels 10am-11:30	Muay Thai All Levels 10am-11:30	Muay Thai All Levels 10am-11:30	Muay Thai All Levels 10am-11:30		Muay Thai Beginner 10am-11
Muay Thai Competitive 10 am- 12 pm	Muay Thai Competitive 10 am- 12 pm	Muay Thai Competitive 10 am- 12 pm	Muay Thai Competitive 10 am-12 pm		
Private training & Personal fitness training available by appointment. Call 602-330-1537 to schedule.					
Open Gym 4 pm-6pm	Open Gym 4 pm-6 pm	Open Gym 4pm- 6 pm	Open Gym 4 pm- 6 pm	Open Gym 4 pm-6 pm	Muay Thai Int/Adv.: Principles & Tactics 11-12pm
Fight Fit 5:15-6pm	Boxing 5-6pm	Fight Fit 5:15-6pm	Boxing 5-6pm	Fight Fit 5:15-6pm	Open Sparring Noon – 1pm
Muay Thai Beginner 6-7pm	Muay Thai Beginner 6-7pm	Muay Thai Beginner 6-7pm	Muay Thai Beginner 6-7pm	Muay Thai Beginner 6-7pm	
Muay Thai Intermediate 6-7:30pm	Muay Thai Intermediate 6-7:30pm	Muay Thai Intermediate 6-7:30pm	Muay Thai Intermediate 6-7:30pm	Muay Thai Int/Adv. 6-7pm	
Muay Thai Advanced 6-7:30pm	Muay Thai Advanced 6-7:30pm	Muay Thai Advanced 6-7:30pm	Muay Thai Advanced 6-7:30pm	Open Sparring 7-8pm	
Muay Thai Competitive 6:45-9pm	Muay Thai Competitive 6:45-9pm	Muay Thai Competitive 6:45-9pm	Muay Thai Competitive 6:45-9pm		

www.bestmuaythai.com * 2155 E University Dr. Tempe, AZ. 85281 * Ph. 602.330.1537



BEST MUAY THAI